

Our outpatient clinic provides a full range of mental health and substance use treatment services, including individual, family and child counseling and therapy. We provide a distinctive approach to individualized treatment to residents of greater Salem and the North Shore.

We accept most insurances and managed health plans, including MassHealth and Medicare.

Contact us at:

**978.745.2440 P**

Experiencing a psychiatric emergency? Call your Emergency Crisis Team at 978.744.1585, or go to your nearest hospital Emergency Department.

Our outpatient clinics on the North Shore and in the Merrimack Valley provide a comprehensive system of therapy, counseling and pharmacological care for adults, children, teens and families.

The following locations are available for your convenience:

**Salem:** 41 Mason St. – Suite 1

P: 978.745.2440

F: 978.744.1701

**Beverly:** 800 Cummings Ctr. – Suite 266-T

P: 978.921.1190

F: 978.927.3724

**Gloucester:** 298 Washington St.

P: 978.283.0296

F: 978.283.2665

**Ipswich:** 25R Market St.

P: 978.356.1776

F: 978.356.2822

**Haverhill:** 60 Merrimack St.

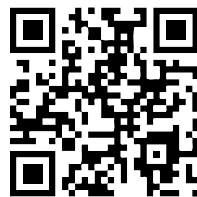
P: 978.373.1126

F: 978.373.6363

**Lawrence:** 12 Methuen St.

P: 978.683.3128

F: 978.682.7296



Scan with smart phone to access our website.

**NebHealth.org**

# Salem Clinic

Mental health & substance use treatment services for children, teens, adults, couples, families and the community.



# Salem Clinic

High quality therapy and counseling for children, teens, adults, couples, families and the community.

## Who we are

Our multidisciplinary team is comprised of highly qualified professionals with diverse backgrounds, expertise and specialized training. Our team includes clinical psychologists, clinical social workers, mental health counselors, specialized psychiatrists and master's level clinical interns.

## Who we serve

Adults, children, teens and families who present with life situations including, but not limited to:

- Depression
- Anxiety and stress
- Trauma and abuse
- Sexual abuse
- School and work problems
- Challenges of parenting
- Substance use and addictions
- Relationship difficulties
- Life transitions such as a divorce, bereavement or parenting a newborn
- Co-occurring disorders
- Physical and mental disabilities
- Eating disorders
- Chronic mental illness such as bipolar disorder and schizophrenia

## Our Services

- Individual therapy or counseling
- Couples therapy
- Family therapy
- Group therapy
- Psychopharmacological care
- Psychological/neuro psychological testing and referrals
- Substance use treatment
- School-based counseling
- Home-based therapy
- Long & short term therapy

## Who can refer to us

Many sources refer to us, including families, hospitals, physicians and other healthcare providers, schools, daycare providers, youth programs, legal systems and others. You may also self-refer.

## Professional Consultations

Clinicians are available to provide clinical assessments, on-site consultation and trainings on a variety of behavioral health needs to the community, including schools, judicial systems, social service agencies, mental health agencies, hospitals, health clinics, practitioners and others.

**For more information about our services, contact our Salem Clinic Admissions**

**Department:**

**978.745.2440 P**

**41 Mason Street, Suite 1  
Salem, MA 01970**