Northeast Behavioral Health (NBH) is a private, nonprofit human service agency that provides mental health, substance abuse and community education and prevention services to residents in greater Boston, the North Shore and the Merrimack Valley, Massachusetts.

Northeast Behavioral Health serves adults, teens, families, and children. Services include outpatient mental health clinics; inpatient and outpatient treatment and prevention for drug and alcohol problems; school-based programs; and community education and prevention.

Contact us at:

(978) 739-7621

Scan with smart phone to access NBH website.
www.nebhealth.org

This residential program helps clients to stabilize mood and manage their symptoms as they build on their sobriety skills. Typically, clients stay in the program for 10-14 days, during which they receive a range of counseling and other services. Our program is uniquely suited to meet the needs of our clients who need close monitoring and therapy following detoxification.

About the CSS Stabilization Program

A program of Northeast Behavioral Health (NBH)

A residential post-detoxification treatment program for men and women in recovery from addiction to drugs and alcohol.

Clinical Stabilization Services (CSS)

(978) 739-7621

Northeast Behavioral Health
Zero Centennial Drive, Peabody MA 01960
T: (978) 968-1700

About NBH
Who We Serve

The CSS Program serves clients who need a transitional phase of treatment between detoxification and longer-term care such as a half-way house. We also work with clients who are actively using substances that do not require a medical detoxification, such as cocaine, cannabis and/or methamphetamines. We serve men and women from anywhere in Massachusetts.

Our program is ideal for those clients who have relapsed following less intense levels of care, such as outpatient counseling or methadone treatment. All CSS clients must meet an ASAM Level 3.5 criteria.

Who can refer a client to us?

We accept clients from many settings, including detoxification programs, psychiatric settings (when substance abuse is the primary diagnosis), crisis screening units, outpatient and residential facilities and the courts. Some clients self-refer.

Our Services

- 1:3 staff-client ratio
- Individual counseling
- Group therapy
- Psycho-educational groups
- Aftercare planning
- Referrals and connection to other placements, health services, and psychiatric care
- Self-help meetings
- Nursing care

Paying for Our Services

We accept most insurance plans, including Medicaid, Medicare, MassHealth and MBHP.

For the uninsured, we can work with you around self-payment.

How can we help you?

For questions or to ask about an admission to the CSS Program, call 978-739-7621